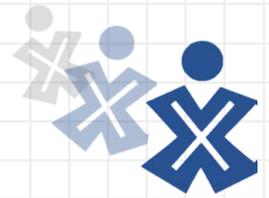




OUR THOUGHTS



Peter Cronin

'It's very strange at the moment, but we are all sticking by each other and we are all in this together. If we all work as a team, we will get through this together.'



Lloyd Page

'Keep safe you guys, I hope we don't have any more deaths.'



Lisa Lye

'I hope all the staff at Lewisham Speaking Up are OK and well. It's very isolating for everyone, but it is even harder for people with learning disabilities.'



Brian Ollieverre

'I want this thing to stop and to get back to normal. Back to the life we had before it started.'



Mary Hamilton

'I don't like the coronavirus and I want it to stop. It's a bit boring staying indoors and not meeting friends and family and doing the things I should be doing.'



OUR THOUGHTS



Oliver Candy

‘Stay focused on the good things about the lockdown like the positive impact on the environment. Stay home, stay safe and I look forward to seeing you all on the flip side of the lockdown.’



Robert Garlinge

‘I’ve been doing DIY in my flat to keep busy. I’ve also been going out to the park for walks. I do like to get outside as it helps me both physically and mentally.’



Sam Attah

‘The most difficult thing during lockdown is not seeing my friends. I’m using my support to do cooking. I want to be more independent so I can move into my own flat.’



Important message from Will our Director



‘Abuse is when someone is harming you. If you are worried about somebody hurting you at home or outside the home you can either call us on 07759 410 907 or the Council on 0208 314 7777.’

Lewisham Speaking Up is here for you.

Please ring us on 07759 410 907 if you are feeling sad or lonely.