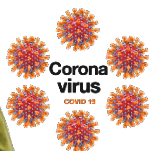


# Lewisham Speaking Up Services during Coronavirus

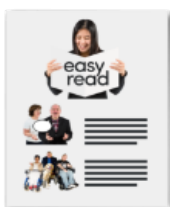


We know the coronavirus is still a difficult time for people. We are here to help all people with learning disabilities get through this together.



Lewisham Speaking Up is still working.

We are using phones and computers to do our work while the office is closed.



These are some ways we can help:

You can find easy read information about your health on our website at [www.lsup.org.uk](http://www.lsup.org.uk) or contact [james.mirkin@lsup.org.uk](mailto:james.mirkin@lsup.org.uk)



The Hate Crime Training project is taking bookings for training for people with learning disabilities, schools or frontline workers.

We are doing these on Zoom or Teams.



Contact [gabriella.smoczynski@lsup.org.uk](mailto:gabriella.smoczynski@lsup.org.uk) for details about Hate Crime Training, as well as Staying Safe Online.



We are running online speaking up groups using Zoom every Tuesday at 4:00pm.

Contact [martin.stitchman@lsup.org.uk](mailto:martin.stitchman@lsup.org.uk) if you are interested in joining.

# Lewisham Speaking Up Services during Coronavirus



We run online Zoom groups for women only or men only. Contact:

[philippa.bradnock@lsup.org.uk](mailto:philippa.bradnock@lsup.org.uk) for women

[martin.stitchman@lsup.org.uk](mailto:martin.stitchman@lsup.org.uk) for men



Our 1-2-1 advocacy projects are still working.

Contact:

Colin on 07593 058 464

Email [colin.finch@lsup.org.uk](mailto:colin.finch@lsup.org.uk)



Philippa on 07521 242 026

Email [philippa.bradnock@lsup.org.uk](mailto:philippa.bradnock@lsup.org.uk)

Please get in touch if you think we could help you with a problem.



How to stay in touch:

You can phone us on 07759 410 907

You can email us at [info@lsup.org.uk](mailto:info@lsup.org.uk)



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