

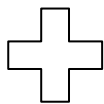


# Lewisham Speaking Up

## VOICE FOR LIFE



**Fridays Starting from  
Friday 25th September  
to  
Friday 30th October**



**Speaking UP  
Skills**



**Get to know your  
Rights**



**Standing Up  
for  
Yourself**

**For all people with  
learning disabilities  
in Lewisham**



**VENUE;  
THE ALBANY**



**Learning  
to say  
NO**



Call

**020 8692 1862**  
To apply for a place or if you  
want to know more!



**DOUGLAS WAY  
DEPTFORD**

£5.00 Contribution

**Group starts 10:00am - ends 3pm**

